



GARDEN DELIGHTS

Issaquah Garden Club

"Celebrating our club's 85th Year..."

"All through the long winter I dream of my garden. On the first day of spring I dig my fingers deep into the soft earth. I can feel its energy, and my spirits soar..."
Helen Hayes, American Actress

April Meeting

April 9, 2014

APRIL CONTAINER WORKSHOP TIME IS HERE!

Again this year, we join in a "hands-on project," creating a Spring Color Bowl on the back deck of Tibbetts Creek Manor. at our April meeting. Dianne Tanner has orchestrated this project, obtaining for us pots, soil, and plants. This should be a pleasant occupation to welcome spring.

We'll be assembling our planters outdoors on the deck of Tibbetts Creek Manor. Please dress accordingly, perhaps bringing an apron, along with gardening gloves and a trowel or two. Dianne will have some flat boxes for transporting your bowls, but you might bring one if you have such.

It will be exciting to watch our color bowls grow! Dianne says we'll also be making some to sell for our Plant/Bake Sale on May 31.

Rita Hansen will present our vignette, on Northwest Plants.

Don't forget to bring your donations for the Issaquah Food Bank. Sylvia Watson has reported that members contributed twenty-five pounds of food at our March meeting.

If you have any one gallon pots to spare, you might also bring these.

PRESIDENT'S MESSAGE

“CROCUS ARE BLOOMING,
CROCUS ARE BLOOMING!”

Our neighbors in Duvall called to let us know that the crocus are blooming all around our house. They were enjoying them. Our son sent a smiley note asking why we plant so many daffodils and crocus when we are seldom home to enjoy them.

Well, just the thought of others seeing and receiving pleasure from these blooms is probably one of the reasons all of us create beauty for all to share. It is one of the missions of our organization and also one of the rewards for each of us.

Knowing that we will soon be back to see all of you is keeping a smile on my lips. April and May have so many exciting events in our club and the District that I encourage you to read up and sign up and make the most of the close of this year's offerings. It is also time for you to think about and pass on requests for programs you would like at our meetings when we begin again next September.

Earth Day will be celebrated at Pickering Farms on Saturday, April 19, with many tasty treats and educational displays. Our club will be represented, so I hope you stop by to say hello.

JUNE ANN HASSEBROEK

ISSAQUAH EARTH DAY EVENT SATURDAY, APRIL 19

As you've just read, Issaquah Garden Club will be represented at the Earth Day event at Pickering Barn, April 19. We'll need a little bit of help with our IGC booth in the Hay Barn. June Ann and Karen Lee will set up the booth by 8:45 AM and take it down at 2 PM. (The Market hours are 9 am to 2 pm.) They would like at least two people to help man the booth from 10 AM to noon so they might have a break.

THE IRS AND ISSAQUAH GARDEN CLUB

At our March meeting, the required changes to our bylaws to satisfy the IRS were presented and approved. Following the meeting, Jean Pass created the meeting minutes as quickly as possible. This document, along with other required pages, were compiled by Dianne Tanner. Dianne and Lenda faxed nineteen pages to the IRS on Friday, March 14.

As of the end of March, Dianne had still not received a response. She talked with the contact at IRS who said she had referred the materials to her manager for final approval. No time line was given for their response. While Dianne has created a donation form for tax purposes, she believes we should receive a letter from the IRS with and confirmation of approval and a confirmed tax number.

SLATE OF OFFICERS FOR 2014-2015

The slate of officers was announced by the Nominating Committee at our March meeting. Nominated were: Joy Jackson, President; Lenda Sundene, Vice-President; Cate Mueller, Secretary; and Joan Harris, Treasurer. At our April meeting, these nominees will again be announced. Following this, the chair must call for nominations from the floor before the voting takes place.

According to our Parliamentarian, Michele Peltonen, we do have a rule about getting the prior "consent" of the person being nominated from the floor. But prior consent is intended to prevent embarrassing or pressuring a member who doesn't want to stand for office.

If there are any nominations from the floor, there has to be separate votes for each position. If there are NO nominations from the floor, the Chair asks for a motion to elect the slate of officers as a whole. Following this motion, the Chair calls for a voice vote.

GROWING GREAT GARDENERS

Dianne Tanner reported that there was to be a work party in the first graders' garden area on Saturday, March 29. A load of gravel was to be delivered at 10:30. The construction company had brought lumber for the bed they destroyed and it will be replaced as well as the surrounding paths ready for the children to tend to their gardens. At our April meeting, Dianne will be asking for members to help

with planning for replanting of the "insectomy" beds at both sides of the school. She'll create a guide with picture and description of the plant, herb, flower or shrub. At our April meeting, Dianne will also share the lesson, "Facts About Slugs," reprinted from Gardening Know How: <http://www.gardeningknowhow.com>

"CONTAINEROLOGY" TIP

Should you put gravel in the bottom of your containers to improve drainage? While it seems like this practice should help, it actually has the opposite effect because of the physics of water movement in soil. Water won't move across the boundary of finer-textured soil into the coarser textured gravel until the soil is completely saturated, so the soil above the gravel actually stays wetter longer. For the best drainage, fill containers with a uniform soil mix. And, of course, be sure your container has a drainage hole in the bottom. More tips like this are available from the experts at the National Gardening Association at Garden.org.



GARDEN THERAPY

April 17

Issaquah Garden Club members will meet at the Issaquah Nursing and Rehabilitation Center at 805 Front Street South (next to Our Savior Lutheran Church) to make Easter centerpieces.. There will be a sign-up sheet at our April meeting.

If you can help at the nursing home **Thursday, April 17**, please RSVP June at jawillard@juno.com.

Arrive by **9:30 AM** so we can finish before noon. The arrangements will last through Easter...the last designs we made looked good for over a week!

Thanks everyone!



Healthy Eating Tips and many recipes from the US Department of Agriculture

<http://www.choosemyplate.gov/healthy-eating-tips/sample-menus-recipes.html>

Did you know that regular cream cheese, cream, and butter are not part of the dairy food group? They are high in saturated fat and have little or no calcium.

2014 PLANT/BAKE SALE

This is yet another reminder that our annual Plant/Bake Sale will be held on Saturday, May 31.

Some of us are already digging, dividing and potting perennials from our gardens; some of us may be starting vegetables and/or annuals. Some have already signed up to help pot and price on April 23 and 30.

We need participation from all members, since this is our ONLY income-generating project for this year. Your active participation in digging, potting, and selling plants promises fun for all of us. We encourage you to begin now to pot your special plants so that they will have time to recover and grow before May. This is truly the best time to pot, and it's very easy when the plants are dormant or just waking up. (Don't forget to water them once they're in the pots.)

Our budget was created with the understanding that we'd take in at least \$900 at this sale, but would still need to tap into reserve funds for over \$1000. Thus, any additional money we could make at the sale would be very welcome, indeed.

CASCADE GARDENER

The Cascade Water Alliance has offered free courses on Food Gardening, Plants and Garden Design, and Irrigation, for the last three months. The following is offered at Squak Mountain Nursery, 10 AM to noon, on April 5: **Secrets of Companion Planting in Your Edible Garden**—Laura Matter and Carey Thornton For more information, see Cascade Gardener at: www.cascadewater.org



SAVE YOUR BULBS

Cut into a few bulbs while planting annuals? You may not have to get rid of them. As long as each piece has part of the basal plate (hardened stem tissue attached to the roots) and a growing point, it will sprout again. Even with a basal plate and growing point, a damaged bulb may take a year or two to recover and bloom.

Creative Critter Control



Here's a new site for gardeners and others who want to approach critter control with insight and understanding. Information on effective, non-toxic, humane control of: gophers, moles, voles, deer, Squirrels, raccoons, skunks, opossums, mice, rats, wild rabbits, and other common wildlife can be found at www.creativecrittercontrol.org. The philosophy of the site is summarized below:

"The purpose of this site is to give you suggestions to deal with unwanted wildlife in your home or on your property based on the premise that there are alternatives to harming or killing them. John Hadidian, Ph.D., Senior Scientist for the wildlife program of the Humane Society of the United States, says, "...in most cases the conflicts between wild animals and humans can be resolved without harm to living creatures [and nonlethal meth-

ods] often are the cheapest and the most practical and lasting of solutions." Most troubling wildlife situations can be prevented or eliminated by removing or modifying attractants, installing physical barriers, and using repellents. If you do not have immediate results, try another humane method or a combination of humane methods. Don't give up. One must have patience when working in harmony with nature. In time, these methods lead to success."



[This information is taken from "The Gardeners Club Newsletter," Santa Cruz County, California.]

MAY MEETING:

Nature Into Art

A Small Standard Flower Show

May 14, 2014

Our Issaquah Garden Club Flower Show will be here soon. Have you thought of the beautiful horticulture that you grow in your gardens, which could be brought to our Flower Show? What about designing a beautiful design with fresh flowers and plants from your garden? We will have a demonstration of a flower design and horticulture at our April 9th IGC meeting. Please read the Flower Show Schedule on the following two pages.

Nature Into Art

A Small Standard Flower Show

May 14, 2014

Show Co-Chairman: Rita Hansen (425-392-2108) and Karen Bukantz (425-427-0711)

Entry Time: 9:30 a.m.–10:30 a.m. Closing Time: 12:30 p.m.

Location: Tibbetts Creek Manor, 750 Renton- Issaquah Road, Issaquah, WA

DIVISION I - HORTICULTURE

Nature Into Art

SECTION A. **Kaleidoscope** (Perennials)

Eligible for NGC Award of Merit

Class 1. Blooming Perennial (under one inch, 3 blooms)

Class 2. Blooming Perennial (over one inch, one bloom)

Class 3. Foliage Perennial (e.g. Hosta, Fern)

Class 4. Blooming Perennial Vines (Clematis, Honeysuckle)

SECTION B. **Artistic Arbors** (Trees/Shrubs -Max. length 30")

Eligible for NGC Arboreal Award

Class 5. Flowering Tree (e.g. Cherry)

Class 6. Flowering Shrub (e.g. Azalea, Rhododendron)

Class 7. Deciduous Branch (e.g. Maple)

Class 8. Broadleaf Branch (e.g. Aucuba)

Class 9. Artistic Branch (fresh)

Horticulture Consultant: Call Janel Garnett 360-668-6111 with any question on horticulture entries.

DIVISION II - DESIGN

Patterns in Nature

Eligible for NGC Design Excellence, Novice Award, Best Theme Interpretation (Club President's Award)

Class 1. **Feathery Fronds** Design featuring fresh plant material, scaled to fit on a 24" w x 30" d table space. Background encouraged. 4 Entries.

Class 2. **Sylvan Silhouettes** Creative Design may include fruits/vegetables, scaled to fit a 24" w x 30" d table space. Background encouraged. 4 Entries.

Class 3. **Butterfly Wings** Capsule Table Design staged on a card Table, designer's choice of plant material. Card table provided. Exhibitor to provide table cloth. (Capsule Design - A full sized centerpiece design with one representative place setting.) 4 Entries.

Class 4. **Ripple Effect** Small Design no larger than 8 inches in any dimension, staged on a section of an 8 inch deep acrylic shelf, 18 inches above the table, designer's choice of plant material. 3 Entries.

Class 5. **Swirling Sand** Miniature Design no larger than 5 inches in any dimension, staged on a section of an 8 inch deep acrylic shelf, 18 inches above the table, designer's choice of plant material. 4 Entries.

Design Consultant: Call Rita Hansen 425-392-2108 with design questions. To register entries call Sally Cadranell 425-883-0587 by May 7.

DIVISION III - SPECIAL EXHIBITS

Artful Patterns

SECTION A. ARTISTIC CRAFTS

Class 6. **Arts & Crafts** A decorated bird house. Must have some plant material. No artificial plant material.

SECTION B. EDUCATIONAL EXHIBITS

Class 7. **Artful Native Gardening** A gardening exhibit

Horticulture Rules - Division I

Grooming tips available on www.elwd.org under Flower Shows

1. All horticulture entries must be fresh plant material grown by the exhibitor.
2. **The exhibitor will provide clear, clean glass or sturdy plastic container of appropriate size.**
3. All specimens must be correctly named to include genera, species and variety/cultivar if possible.
4. Good grooming and conditioning are important. No enhancement of foliage is permitted.
5. All entries should consist of one specimen unless otherwise stated.
6. Classes will be subdivided if each is a different variety, cultivar, type or color.
7. Exhibitor can make more than one entry per class if each is a different variety, cultivar, type or color.
8. Cut Specimens should not have foliage below the water line.
9. Wedging is permitted. Suggestions include plastic wrap, celery plugs, wood plugs.
10. No cut specimen shall be more than 30" from tip to cut end.
11. All exhibits must be named properly by the binomial name (*Genus-species*) to be eligible for a Top Exhibitor Award.
12. Horticulture entry cards should be filled out in advance, if possible, using pencil or water-proof pen to avoid water damage. Horticulture tags can be downloaded from the ELWD website, www.elwd.org.

Design Rules - Division II

1. **Advance entry required for all Design classes. Call Sally Cadranell 425-883-0587 by May 7.**
2. Novices are invited to enter all Design classes. A Novice has won 0-3 blue ribbons in a Standard Flower Show. Please specify if you are a Novice when calling to enter. Entry card will be marked "N"
3. Exhibitor must provide substitute if unable to participate.
4. An exhibitor may enter as many classes as desired, but only one exhibit per class.
5. Each design must be the work of one individual.
6. No artificial flowers, fruit or foliage permitted.
7. All designs must contain some plant material. Fresh plant material should be emphasized.
8. Fresh plant material may never be treated, or embellished in any way.
9. Dried plant material may be treated, painted or embellished.
10. Permitted are a) living plants with exposed roots, b) plants growing in containers, c) accessories, featured objects, and draping.
11. Exhibitor may use additional staging, but must use properties provided and only the space allowed.

BRING BACK THE MONARCHS!



PLANT SWAMP MILKWEED to attract monarch butterflies and help sustain them during migration. Widely distributed throughout the U.S. and Canada, this native plant is tall, fragrant and deer-resistant.

[Milkweed photo: [Teune](#) at the [English language Wikipedia](#) [GFDL or [CC-BY-SA-3.0](#)], [from Wikimedia Commons](#)]



The Western Monarch Waystation Seed Kit, for gardens west of the Rocky Mountains, contains the following species:

MILKWEED

Butterfly Weed (*Asclepias tuberosa*)
Narrowleaf Milkweed (*Asclepias fascicularis*)
Showy Milkweed (*Asclepias speciosa*)
Swamp Milkweed (*Asclepias incarnata*)

GENERAL NECTAR PLANTS

Blue Sage (*Salvia farinacea*)
Chia (*Salvia columbariae*)
Scarlet Sage (*Salvia coccinea*)
Tithonia Torch, Mexican Sunflower (*Tithonia*)
Zinnia, Dahlia Mix (*Zinnia elegans*)

Go to the website, <http://monarchwatch.org> for more information or to order the kit.

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www.IssaquahGardenClub.org



April: Hands-On Program—
Making Color Bowls