



# GARDEN DELIGHTS

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## Issaquah Garden Club

"Celebrating our club's 85<sup>th</sup> Year..."

*"Let us love winter, for it is the spring of genius."  
Pietro Aretino, 15th/16th century Italian author, playwright, poet and satirist*

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## January Meeting January 8, 2014

Our speaker this month is Debby Spiller, 2013 NGC Designer of the Year. Debbie, a nationally-recognized floral designer, will be creating "**All Dried Designs**" with her collection of dried materials from hill, dale and roadside. She writes of her program: "Do you think of dried arrangements as faded pressed flowers? Not after this program! I will hopefully, educate, illuminate and entertain all while I assemble lovely designs using all dried materials. I will educate about: collecting, drying, sealing, storing, and painting dried items. I will explain the usage of NGC terms: "Designers Choice," "Tri-Color," and the Award of Distinction. You will hopefully look at plant materials with a new view when we are done."

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Our Garden Vignette this month will be presented by Joann Morgan.

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### **Don't forget to bring your donations for the Issaquah Food Bank.**

Our members donated sixty-five pounds of food at the December meeting! Please keep in mind that, with our winter weather and the fact that many are losing unemployment benefits, the need for donated food, especially canned-protein items, is greater than ever.

**And please don't forget to bring your utensils, cup, plate and napkin to our meeting.**

## **PRESIDENT'S MESSAGE**

The December IGC flower arranging workshop was delightful. It was special to see how beginners learned quickly with those more experienced right on hand to help. As a result of that day, I had a wonderful Christmas card. that came from Lorene Jackson. She was my mentor when I began in garden club. She no longer can get out to meetings. She was writing to let me know that her daughter, Joy, had come to her house after our December meeting and created a carnation arrangement for her. She was thrilled to see that her love of flower arranging had arrived for her daughter.

That was exactly what I had been hoping when deciding to help everyone learn the joy of creating a simple floral design, and even more, how fun it is to share it with a dear one.

May all of you gain skills and friendship from Issaquah Garden Club...and then go out into our world to share them. Blessings one and all.

**June Ann Hassebroek**

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### **"FEED YOUR ARTISTIC SOUL"**

Winter gives us time to plan. Our theme of turning "Nature Into Art" can be explored now.

While we dream of what we can plant to have a healthy harvest, we can also focus on ways to use our skills to care for our environment and enrich our surroundings.

The study of art will affect almost every area of our lives. How do we really "see" not just "look" at nature? Study now to learn new ways to adorn our homes with special houseplants or our landscapes in stimulating colors and textures, all balanced in exciting and earth-preserving ways.

Our members hold the knowledge and willingness to help us expand our interests. Try to get acquainted with someone new every month.

Member Joann Morgan invites us to hold our plant/bake sale at their lovely home and garden each spring. Did you know that she also teaches painting every Monday? Maybe you should call her and dabble in the world of paints as taught by a lover of gardening who has a rich, knowledgeable, artistic soul.

**June Ann Hassebroek**

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### **HAPPY BIRTHDAY, JOANNE!**

On January 11, our dear friend, Joanne Dinken, will celebrate her 90th birthday! A special commemoration is planned at our meeting, next Wednesday.

**BARBARA MAKES A MOVE...**

[Your editor received this message last week]

“On December 16, my husband and I moved to Auburn. I am hoping to make some of the Garden Club meetings the rest of the year, so I would like to continue to receive the newsletter.

I wish I could have said goodbye to everyone in person, but time was short. I feel that I made some good friends in the club and will miss you all.

Our cell phone is 425-392-4233, our old number.”

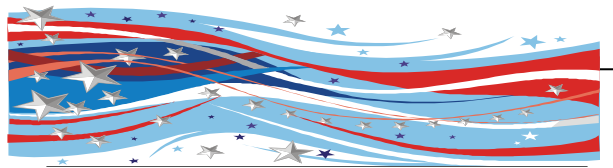
**Barbara Brigham**

**ELWD GENERAL MEETING**

On **February 24**, our East Lake Washington District will hold the second General Meeting of the 2013-2014 year. This meeting will begin at 9 A.M. at St. Andrew’s Lutheran Church, Eastgate. The schedule will include a large flower show with the theme, “America the Beautiful.” Entries will include evergreen specimen, container-grown everlasting specimen, and a section titled, “Florabundance”: deciduous flowering branches, berried branches, and artistic forms. Included in this class also are flowering bulbs and perennials, such as hellebores, and “any other worthy cut flower.”

Debby and Lary Spiller will present a program on making sculpture from found objects for floral designs. Joe Griener, of Emerald City Orchids, will present a horticulture program.

There will be a short business meeting and a luncheon. There will also be a raffle and a White Elephant sale of jewelry. The price for the meeting and luncheon is \$10. (We’ll have a sign-up sheet at the February 12 IGC meeting.)

**DISTRICT AND STATE EVENTS**

**Gala XXXVI "Spring Magic,"** held on **March 10, 2014**, at the Holiday Inn, 3105 Pine Street, in Everett, WA. (More information will be available at our January 9 meeting.)

**Flower Show School Series Class IV, held on April 1, 2, 3.**

See the website for more information:  
<http://wagardenclubs.com/home>

**Gardening Study School, Course I, held on April 22, 23 and 24, offered by ELWD.** This will be held at Bright Water Treatment Center Woodinville, WA. Registration forms at [www.elwd.org](http://www.elwd.org). See the article on page four for more information.

## GARDENING STUDY SCHOOLS, 2014

Gardening Study Schools are one of the four major educational programs developed, offered and administered by National Garden clubs, Inc. (NGC). Each program consists of a series of four courses, held about six months apart, scheduled for two days of instruction followed by a general examination on the morning of the third day. Topics include a variety of horticulture skills.

Although the course are intended primarily for garden club members, they are open to the general public; they require payment of a nominal fee, with recommended and required reading. Courses may be taken in any order and without taking the test—which confers “Consultant” status.

Course I includes basic botany for gardeners, soils, houseplant basics and plant propagation. This session will be held on **April 22 through 24**, as noted on the previous page.

Full information is available on the ELWD website [www.elwd.org](http://www.elwd.org). Registration forms should be available next week.



## NORTHWEST FLOWER AND GARDEN SHOW

<http://www.gardenshow.com/>

This year’s show will be held **February 5 through 9**, at the Seattle Convention Center.

A pick-me-up for many of us during the winter season, attending the show is akin to going on a pilgrimage. Of course, most of us are not so naive as to think the forced flowers placed together in the display gardens actually bloom at the same time. But we do have a chance to observe unusual combinations of plants and spot new varieties we might wish to obtain for our own gardens. We come away with lists of plants to research and ideas of new landscaping features or materials we might try at home.

A review of the display gardens listed reflects that Judith Jones, of “Fancy Fronds” that IGC members visited and Elandan Gardens, that some of us visited on a Seniors Trip, both have gardens in competition. A review of the speakers reflects that Karen Chapman, Susie Egan and Rizanino Reyes, all of whom have presented programs at our club or ELWD meetings, as well as several well-known plants-people, will give lectures.

Tickets are available locally at The Grange Supply and Squak Mountain Greenhouses and Nursery. Early Bird tickets cost \$16 from a store or \$17 online; during the show, at the door or online \$22.





**From Erica Maniez:**

I'm writing to give you an update on the Issaquah History Museums' work, and to share some exciting news about the year to come.

In 1972, the Issaquah History Museums began preserving our community's past, and making that past accessible to present and future inhabitants. Since that time, Issaquah has changed dramatically. In 1970, Issaquah was a small town of 4,313 people. Today, the town's population tops 32,000 – and is expected to double again in the next 20 years.

In 2014, the Issaquah History Museums will begin an intensive self-evaluation and re-visioning process, resulting in a long-range plan to secure Issaquah's history – your history -- for the sake of future generations. The plan will address how we can better connect with and best serve Issaquah residents. It will also answer questions about the amount and type of museum space the community requires. Most important of all, it will help the Issaquah History Museums become a sustainable organization with a long-term plan that meets community needs.

The City of Issaquah has provided partial funding for the project; we're counting on additional support from people like you. There are several ways you can help us chart our course:

Watch (and like!) our Facebook page and e-mail bulletins for opportunities to share your feedback. I hope you'll participate and let your voice be heard, ensuring the Issaquah History Museums continue to meet a range of community needs.

Make a tax-deductible gift to Issaquah History Museums. We appreciate any gift, no matter how large or small.

Invite friends and family members to join the IHM support team by making an annual gift, or by joining our mailing list. Use the "Forward to Friend" link on the left-hand menu to share this letter! We will need widespread community support to achieve our goals.

Volunteer your time -- and encourage others to do the same. Nearly all of our work – operating the trolley, keeping the museum doors open, hosting events – depends on volunteer efforts.

If Issaquah's past is to be preserved for future residents, we'll need your help. I know you care about commemorating and celebrating the rich history of Issaquah. Help us get a running start on our plans for 2014 by making a donation today.

**Erica S. Maniez, Museum Director**

The description for the picture above reads: "Town of Issaquah's south end taken in 1890. The new two-story home at the left of the picture is Ingebright Wold's (later belonged to Ralph Darst), and it contrasts with the other plain board homes around it. Note the ladder leaned up against the back of the house." Fish writes, "Clearly visible at right center [behind a large stump] is an excellent example of early out-house design". This picture appears on page 33 of Past at Present by Edwards Fish." The photo is taken from the southeast corner of town, with Tiger Mountain at the photographer's back.

## GREEN SPACES ESSENTIAL FOR HUMAN HEALTH

Frances "Ming" Kuo, Director of the Landscape and Human Health Laboratory at the University of Illinois has studied the effect of green space on humans in a number of settings and measured the effect of nature on human health and well being by using data such as police crime reports, blood pressure, performance on standardized neurocognitive tests, and physiological measures of immune system functioning.

What she discovered was what most of us probably already know. "In greener settings, we find that people are more generous and more sociable. We find stronger neighborhood social ties and greater sense of community, more mutual trust and willingness to help others. "In less green environments, we find higher rates of aggression, violence, violent crime, and property crime -- even after controlling for income and other differences," she said. "We also find more evidence of loneliness and more individuals reporting inadequate social support."

Because of this strong correlation between nature and health, Kuo encourages city planners to design communities with more public green spaces in mind, not as mere amenities to beautify a neighborhood, but as a vital component that will promote healthier, kinder, smarter, more effective, more resilient people.

Excerpted from: [Green Environments Essential for Human Health](http://www.sciencedaily.com/releases/2011/04/110419151438.htm) To read the full article, go to <http://www.sciencedaily.com/releases/2011/04/110419151438.htm>

### GARDEN DELIGHTS

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[www.IssaquahGardenClub.org](http://www.IssaquahGardenClub.org)



January: Debby Spiller,  
"All Dried Designs"