



GARDEN DELIGHTS

Issaquah Garden Club

"Celebrating our club's 85th Year..."

"The tints of autumn—a mighty flower garden blossoming under the spell of the enchanter, Frost"

John Greenleaf Whittier, American Poet

October Meeting

October 8, 2014, 9:30 A.M.

We are going "out and about" this month—we'll meet at the Bellevue Botanical Garden, to encounter the new Visitor Center, tour the enhanced nearby gardens, enjoy a special program offered by Marcia Rivers Smith, and partake of our own bag lunches.

We'll meet at the Gathering Place just up the walk from the new parking area, through the entrance to the new Visitor Center, and around to the right. After our business meeting at 10 A.M., docents will join us at 10:30 to lead us on a tour of the new, nearby gardens. The Docents will walk us through gardens between the new entrance and over to the perennial border, discussing new plantings around Education Center, rock garden, wetlands, water wise and perennial border. Then we'll go indoors to a meeting room at 12:15 to eat our lunches and hear our speaker.

Our speaker for the October meeting is Marcia Rivers Smith, on "**Gardening with Native Plants.**" She has been an active member of the Washington Native Plant Society, serving on the Central Puget Sound Chapter Board for a number of years. She has been one of their trained Native Plant Stewards for nearly 20 years.

This talk will focus on the 'What, Why, How, Which and Where' of gardening with Pacific Northwest native plants. You'll see native plants in various garden settings and learn which ones are best situated for which garden situations. She and her husband have lived on 5 acres in Preston, WA for almost 25 years, using native plants in their garden to benefit the local environment and attract wildlife.

Don't forget your bag lunch and beverage! And don't forget to bring your donation for the Issaquah Food Bank!

Navigating the new parking area can be tricky, so be sure to watch the arrows indicating the directions to go within the area.

PRESIDENT'S MESSAGE

Fall is really here--no doubt about it.

Our next IGC meeting will be at Bellevue Botanical Gardens on Oct. 8. But don't let that stop you from bringing in your recipes and gardening tips for the cookbook: "Good Gardening and Good Grub--85 years with the Issaquah Garden Club". By the way, we are still in need of a committee and folks to help out with that project. I know not everyone is comfortable with the computer, but I KNOW you all can cook!

A big thank-you to the IGC members who helped out with the ELWD luncheon on Sept 22, with a special thanks to Dianne Tanner, Jean Pass, and Lenda Sundene for buying and preparing the food. There were 78 folks at ELWD, and they were stunned by the presentation. Good work, ladies!

Regards, **Joy Jackson**

HELPING WITH GGG

At our September meeting, Dianne Tanner discussed our project at Issaquah Valley Elementary School (IVES). She will be wrapping up the 2014 gardens, and preparing for work with the new first grades in 2015.

Members will meet at **10 A M on October 10th**, to clear the gardens and add seeds for green cover over the winter. Four people have signed up to help Dianne. She would appreciate a

few more so that this project might be completed in the 90 minutes allotted.

Members have also signed up to help the First Graders outside, February through May. Two more are needed in February, and one more in March.

REMINDER: WORKDAY AT BBG NATIVE DISCOVERY GARDEN

Friday, October 17, 12:30 is the date ELWD members will help in the BBG Native Garden. We'll meet at the Shorts original house (the old Visitor Center) so allow time to follow the new route off to the left after entering the new front area at Bellevue Botanical Garden,. At the Shorts' house, we'll discuss the project a little and sign the waivers.

We'll remove native plants that were planted during the construction last spring and move them to a better location. Members of the Washington Native Plant Society may join us in our efforts to protect and increase the number of native plants.

WORK AT THE WILLOW GARDEN

Janet Wall has suggested we hold a Willow Garden work party on **October 21st, from 10 AM to 1 PM.** (Janet will probably arrive earlier.) Since so few signed up at our September meeting, we'll try having a sign-up sheet at our October meeting.

FLOWER ARRANGING CLASS

In response to requests, June Ann Hassebroek will offer a second flower arranging class in the Meeting Room of Issaquah Library on **November 19, from 1:30 to 2:30 pm.** Two members are already signed up for this workshop. A sign-up form will be available at our October meeting.

This will be a simple class for having "Fun With Flowers." A \$10 donation to the club will be requested if the members bring their own container and materials; \$15 if they want to buy one of the small kensan (needle-point holder).

Attendees should bring the container from last December or a small container of cereal bowl size. We will do a "Simple As One, Two, Three" and June Ann will demonstrate mechanics for using fruits and vegetables as fun forms to go along with other plant materials for Thanksgiving ideas.

ELWD GENERAL MEETING

A large number of IGC members attended the first General Membership Meeting of the 2014-15 year on October 22. As well as enjoying the two programs, several members helped Jean Pass, and Dianne Tanner in the church kitchen and meeting hall to prepare for the lunch, serve it, and clean up afterwards. Those who helped were Lenda Sundene, Young Mi Kim, Joy Jackson, Joanne Westveer, Joanne

Dinken, and Sue Chapman,. At the same time, ELWD Hospitality Chair, Gail Holmstrom and Audrey Ellingsen prepared and maintained beverages for the meeting and supplied tablecloths, tableware, and plates.

(It was noted that Dianne and Joy sold the left overs, turning over almost \$65.00 to Gale Baullinger toward expenses—making up for the overage spent for the food Sunday.)

Issaquah Garden Club was included in the thank you sent by the ELWD Co-Directors, Mary Deviny and Elaine Pinkerton: "Thank you to club members who filled the room; to Issaquah Garden Club for the lunch; to Sammamish Garden Club who brought lovely centerpieces; Sherwood Forest and Hilltoppers for raffle items; and to those who provided designs and horticulture for a wonderful flower show. The new Horticulture Raffle went over well. The judges from Capital District loved the creativity of our designers and raved about our horticulture entries at Monday's Flower Show. They were over the moon about the dahlias especially and the number of fruit and vegetable entries."

HOLIDAY SHOW

The 2014 WSFGC Holiday Show, "Holiday Jewels," will be held **November 5 and 6** at the Holiday Inn, Everett, WA. **The schedule for the show is available at the ELWD website.**

PLANT THERAPY AT ISSAQUAN NURSING AND REHABILITATION CENTER

We now have dates for flower arranging (Plant Therapy) at the Issaquah Nursing and Rehabilitation Center:

- Tuesday, November 25, 2014
- Monday, December 22, 2014
- Thursday, February 12, 2015
- Thursday, April 2, 2015.

All of these work days will begin at 9:00 A M.

ELWD GENERAL MEETING

Here are pictures Joy took at the meeting, September 22.



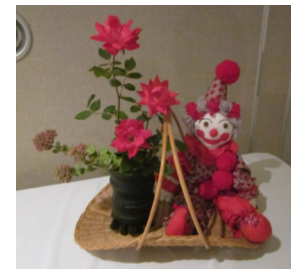
Some of the luncheon crew and the of the food provided.

NEW CLUB PROJECT

You are reminded that we have begun collecting recipes for the Club cookbook, called “Good Gardening and Good Grub: 85 Years in the Issaquah Garden Club.” Please remember to bring these for collection at our October meeting.

GARDENING AT ISSAQUAH HISTORY MUSEUM

Our next work day in the native garden at IHM will be **Tuesday, October 28, at 10 AM.** Please sign up to come help, bring your hand tools and help us make short work this day. The IHM staff are very grateful for our efforts here.



This is Joy’s arrangement that she didn’t enter—pretty nifty!



RECIPE FOR OCTOBER

Orak-arik Jagung-- An Indonesian Dish with Corn

by Francine Liem. A simple dish her mom used to cook.

Fresh cut corn kernels from 1 large/medium cob
 1 red pepper (hot, semi hot, or sweet, to taste), cleaned flesh diced into 1/2 x 1/2 inches
 1 cup of frozen peas or shelled edamame
 1 green onion, cut into 1/2-inch rounds, separate the white from the green.
 salt and pepper to taste
 1 teaspoon of sugar (optional)
 1 tablespoon of cooking oil of your choice

Heat your wok or skillet on medium high heat. Add the oil. Then add the frozen peas or edamame, stir until almost cooked. Add the white part of the green onion. Stir about 1 minute. Then add the diced pepper and corn, followed by the salt, pepper, and sugar. Stir some more, adjust the taste. Then finally add the green part of the green onion, stir just to distribute them. Ready to serve as a side dish. (Note: To give the dish a warmer color, add about 1 tablespoon of Indonesian sweet soy sauce, eliminating the sugar and adjusting the salt to taste.)

[reprinted from October 2014 issue, "The Seedling," Falls church Garden Club]



SPRING-FLOWERING BULBS

It's time to buy spring-flowering bulbs. Your local garden center should have crates of daffodils, tulips, crocus and more for purchase. Be on the lookout for bulbs that are soft, mushy; they are a must-to-avoid. If you buy loose bulbs, you can always avoid the rotting ones. If you buy them pre-packaged, it's worth it to check the bags for any that show signs of rot. Sometimes all you need to do it 'take a whiff'; rotting bulbs can have a putrid smell. Another helpful hint: look to see if the packaging is wet or discolored from the rot.

If you do not plan to plant your bulbs for a while, remember to store them away from excessive heat and moisture until you can plant. It's wise to check stored bulbs periodically and dispose of any that show signs of rot.

When you buy your bulbs, invest in a handy bulb planter. For smaller jobs, like rock gardens or interplanting with existing bulbs or perennials, this planter gets the job done with ease. Look for one that has measurements on the side; this will make it easy to determine planting depth. Remember, you generally plant three times the diameter of the bulb.

People have been adding phosphorus to their soils for years. Phosphorus (P) is one of the big three nutrients needed for plant growth. Bone meal is a source of P and widely used by many gardeners. Superphosphate is another option at the time of planting. Note that bone meal and superphosphate are not complete fertilizers; they only contain P.

The reason for using phosphorus at the time of planting: P is essential for good root development. when you're planting bulbs, you want them to set good roots before the onset of winter.

[I printed this in the October, 2005 issue, "The Seedling," Falls Church Garden Club I believe it appeared in "The Virginia Gardener," which allowed articles to be reprinted.]

GARDENING IN OCTOBER

Sowing seeds of hardy annuals, such as sweet alyssum, pinks, and sweet peas, now will give the seedlings time to get established and develop good root systems before the coldest part of winter. This gives them a head start on growing and flowering next spring.

If your landscape area is small, select diminutive cultivars of woody ornamentals. Look for Latin names that include “*compacta*” or “*repandenus*.”

Stake and wire newly planted trees only if necessary. Use a piece of rubber hose around the guy wires to protect the trunk and don’t tie the tree tightly; it needs to be able to move a little in the wind. Remember to take the supports and stakes out in a few months once the tree is established.

Don’t allow leaves to accumulate on the lawn. Rake them up regularly and store in a pile for use as mulch in your garden next summer. If leaves accumulate on your lawn and become matted down by rain, they may kill the grass.

Fall is usually cool and moist and a good time to plant shrubs. Research has shown the roots will continue to grow until the soil freezes, which is about Thanksgiving in Virginia. This is true for both evergreens and deciduous plants.

The top of a shrub’s or tree’s roots should be flush with the ground, so the planting hole should be no deeper than the root ball.

GARDEN DELIGHTS

c/o Cate Mueller, Editor
24205 SE Tiger Mtn Rd
Issaquah, WA 98027-7336

www.IssaquahGardenClub.org



Vine Maple in fall photographed by James Ellingboe. Copyright 2009.

**October Meeting:
BBG Tour
and Native Plant Program**